



Patient Details:

DOB:

Phone No:

Medicare No:

Request for:

Clinical Notes:

Doctor's Details:

Signature:

Date Printed:

24 Hr Holter Monitor

A Holter Monitor is essentially an ECG, or a reading of the electrical activity of the heart, which records continuously throughout the monitoring period.

A technician will place ECG electrodes on your chest, and attach a monitor which is similar in size to a modern smart-phone.

It will take approximately 15 minutes to fit the monitor, and 10 minutes for removal or you may remove yourself as advised by the technician. This test is only available at selected locations.

Exercise Stress ECG

You will be required to walk on a treadmill while your heart rhythm and blood pressure is being monitored. Please wear comfortable loose clothing, sports shoes or flat-soled walking shoes. Allow approximately 20 minutes.

Please do not eat or drink two hours prior to this test (water is permitted).

Patients will be asked to cease Beta-blockers 48 hours prior to exercise, unless otherwise directed by the referring doctor.

Transthoracic Echocardiography

This test uses sound waves to obtain moving pictures of the inside of the heart as it beats. Allow 30 minutes for the test. No special preparations are required.

Exercise Stress Echocardiography

You will be exercising for a short period on a treadmill while your heart rhythm and blood pressure is being monitored. Ultrasound images will be taken of the heart before and after exercise. Please wear comfortable loose clothing, sport shoes or flat-soled walking shoes. Allow approximately 20 minutes.

Please do not eat or drink two hours prior to this test (water is permitted).

Patients will be asked to cease Beta-blockers 48 hours prior to exercise, unless otherwise directed by the referring doctor.

METRO LOCATIONS

- Cabrini Hospital**
183 Wattletree Rd
Malvern Vic 3144
- Mt Waverley**
366 Stephenson Rd
Mt Waverley Vic 3149
- Nth Dandenong**
1403 Heatherton Rd
Nth Dandenong Vic 3175
- Greater Knox Family Practice**
43 Boronia Rd
Boronia Vic 3155
- Mitcham Consulting Rooms**
188 Mitcham Rd
Nunawading Vic 3131
- Endeavour Hills Specialist**
26 Erica Cl
Endeavour Hills Vic 3802

GIPPSLAND LOCATIONS

- Wonthaggi**
223 Graham St
Wonthaggi Vic 3995
- Gippsland Southern Health**
66 Koonwarra Rd
Leongatha Vic 3953
- Korumburra Hospital**
Bridge Rd
Korumburra Vic 3950
- Cowes Medical Centre**
164 Thompson Ave
Cowes Vic 3996

24HR HOLTER MONITOR LOCATIONS

- Cabrini Hospital**
183 Wattletree Rd
Malvern Vic 3144
- Valewood Clinic**
1 Wanda St
Mulgrave Vic 3170
- Nth Dandenong Medical Centre**
62 Gladstone Rd
Nth Dandenong Vic 3175
- Greater Knox Family Practice**
43 Boronia Rd
Boronia Vic 3155
- Wonthaggi**
223 Graham St
Wonthaggi Vic 3995
- Inverloch Health Care**
18 Reilly St
Inverloch Vic 3992
- Cowes Medical Centre**
164 Thompson Ave
Cowes Vic 3996
- Leongatha Health Care**
14 Koonwarra Rd
Leongatha Vic 3953